

Suggested Kit List

This list contains many of the essentials and frequently forgotten items.

On arrival to site for a test weekend, all of the items below should fit into a backpack with at least one free hand. The CCY member should be able to walk unaided onto site carrying their kit. The tent, first aid kit, wet weather gear and CCY membership card should be easily accessible. At the end of the weekend, the CCY member must be able to put away their tent and all their things into their backpack within 20 minutes. **We will practice this during our CCY meets!**

Hint: decanting large bottles of liquids into a small film canister size container will save on weight and space e.g. for washing up liquid, cooking oil. Likewise free small bottles of shampoo from hotels are an idea for lightweight camping!

Tent

.....Including flysheet & poles!
Groundsheet (if separate from tent)
Pegs (they should know how many pegs they need to put up their tent)
Mallet

Sleeping

Sleeping bag
Roll mat or air bed and pump
Pillow & pillow case
Blanket

Cooking

Cutlery
Stove & fuel
Matches or lighter
Stove windshield
Pots/pans or wok
Plates, bowl, Mug
Washing up bowl (collapsible bowls can be purchased from outdoor stores)
Fire bucket (again collapsible)
Washing up liquid
Tea Towel
J cloth and scouring pad for cleaning pans
Tin/bottle opener
Water bottle
Chopping knife/scissors/potato peeler/wooden spoon/spatula
Small chopping board
Salt & pepper if required

Sundries

Torch & batteries
First aid kit, to include any medications and details of own doctor
Needle & cotton for any repairs (optional)
Safety pins
Mobile phone/phone card/coins. If relying on mobile phone ensure fully charged.
CCY membership card and 'Fundamentals of Good Camping Book' (which is sent as part of CCY membership pack)
If travelling aboard – Passport and EHICS medical card
Entertainment for trip away – e.g. Book to read/MP3 player/Games console/pack of cards etc – all of which are optional!
Purse/wallet

Clothing

Waterproof coat/leggings
Hat/Gloves/Scarf/Sunhat in hot weather
Jumpers/CCY Hoodie top etc
Shirts/T shirts
Underwear
Thermals (for winter camping!)
Trousers
Socks
Shoes
Boots
Wash kit
Towel
Suncream